

Nature Manitoba Mantario Cabin Overnight Trips COVID-19 Protocol Updated: December 20, 2021

Nature Manitoba is committed to ensuring a safe environment for all of its members.

To reduce the risk of COVID-19 infection, Nature Manitoba will adhere to all current provincial public health orders manitoba.ca/covid19/restartmb/prs/orders/index.html, recognizing that they may change from time to time and require changes to the Overnight Trip protocol. COVID-19 information can be found at gov.mb.ca/covid19

Note: December 21 – January 11 orders require 10 people plus the household or fewer at an indoor gathering for vaccinated persons. Mantario groups will be no larger than 10 plus the trip leader until new restrictions are published.

Vaccination Guidelines and Trip Preparation

- **Trip leaders are responsible for reviewing COVID-19 protocols with trip participants** before and throughout the trip to ensure everyone's safety.
- **Mantario Cabin trip participants must be fully vaccinated for COVID-19** at least 14 days prior to the trip's departure.
- **Trip leaders are responsible for confirming full vaccination status** of participants through check of Manitoba vaccination QR codes (using the free Manitoba Immunization Verifier App) , and obtaining phone numbers for contact tracing.
- **Trip leaders must send an email before trip departure** to Mantario Committee of Nature Manitoba – update@mantariocabin.ca, including:
 1. A photo of their own Manitoba vaccination QR code, and statement that they have checked all participant vaccination QR codes and obtained contact numbers.
 2. A statement that all are aware of the trip rating <http://www.naturemanitoba.ca/sites/default/files/trip-leader-info.pdf>. Mantario is considered an Advanced trip by XC Ski, Snowshoe or Flat Water Canoe.
 3. A statement that all have consented to the Outdoor Trip Liability Waiver. https://www.naturemanitoba.ca/sites/default/files/NM%20trip%20report%20form_COVID19.pdf
 4. A confirmation that all participants have confirmed the statement: "I acknowledge that I am aware of all the relevant provincial health orders and COVID-19 restrictions/recommendations, and I will adhere to the Mantario Cabin COVID-19 protocol".
- **Trip participants and leaders must self-screen and pass** using the Shared Health COVID screening tool <https://sharedhealthmb.ca/covid19/screening-tool/> just prior to leaving for the trip. If they do not pass, they must stay at home.
- **Trip participants must** assess their own risk tolerance before attending an outing, particularly COVID-19 vulnerable groups (those who are 60 years of age and older, and those with chronic health conditions or weakened immune systems).

Group Sizes, Mask Use, and Infection Prevention

- **Mantario Cabin trip participants must be fully vaccinated for COVID-19** if over the age of 12 years. School groups are not permitted to book the cabin at this time. Participants under 18 must be accompanied by a parent/guardian.
- **Mantario Cabin will follow the overnight camp restriction capacity of maximum 15 people per group.** The cabin has 4 bunkrooms with 4 bunks and capacity for 3 other sleepers in the common area. Room occupants will be from the same household if possible.
- **All Mantario bookings are exclusive bookings** - no “drop-in” use of the cabin is permitted during reserved cabin stays (unless they have been included in trip planning)
- **Mask use is required inside the cabin’s common areas** for organized group trips, unless eating, drinking or sleeping with distancing. Bookings where households are in regular close contact prior to the trip are considered a private gathering and do not fall under masking restrictions.
- Sauna use is permitted, but all participants should be aware of the limitations of distancing in the sauna and adhere to an occupancy level that allows for adequate spacing.
- **Established Mantario Cabin health procedures** for dishwashing, surface cleaning, hand-washing and meal preparation will be followed.
- **Carpooling to the trip is permitted among different households.** All car occupants should be fully immunized and use masks when not eating or drinking.

Contact Tracing

- After the outing, **trip leader must submit the *Mantario Cabin Use Form*, as well as email a copy of the signed Liability Waiver** to Nature Manitoba (info@naturemanitoba.ca).
<https://www.naturemanitoba.ca/mantario?q=form/mantario-cabin-use-form>
- **Trip participants should** notify their Nature Manitoba trip leader if they are diagnosed with COVID-19 within 14 days after the outing.
- **Trip leaders** will retain names and contact phone numbers for 14 days post-trip in case they are needed for contact tracing. After 14 days, personal information should not be saved.